



PATHWAYS FALL 2024 EXPO!



Welcome to the Pathways Fall Natural Living Expo!

We are excited to have our Pathways Community join us in this new venue space to embrace the season. Spend the day exploring and engaging, getting enlightened and educated with all our wonderful exhibitors and speakers — we are welcoming some new faces and are happy to have returning favorites. We're so glad you're here!



A heartfelt thank you to our participating vendors and Workshop presenters, all of whom graciously share their products, services, passions and expertise with us — please support these businesses now and going forward. This is a tremendous opportunity to shop, network, learn and connect directly with one another. These are the cornerstones for building and nurturing community.



A special thank you to the ASL Interpreters offering their assistance, and to the food and beverage vendors feeding us. We appreciate you!



Be sure to visit the Pathways table to talk with us! Learn about our print & online advertising options as well as about our retreats and retreat center, and how to contribute an article for Pathways Magazine. And pick up your FREE EXPO TOTE BAG (*limited quantity, while supplies last*).

Stay connected with us through socials! We need to support each other so we can all thrive. Enjoy the event, be kind to everyone, protect our Mother Earth, and don't forget to VOTE!

With heartfelt gratitude,
Erin, Claudia, Michelle and Amaya

Other Important Expo Information

- See Event Map & Floor Plan on the program's inside back cover.
- Workshop rooms are located down the hall from and directly off of the entrance rotunda, as well as in one outdoor tent between the park and main building.
- Restrooms are located directly off of the entrance rotunda, and down the workshop hallway.
- Food Trucks are located outside the Main Expo entrance alongside the venue's circular driveway. They will be onsite 12:30 - 4:30pm.

FALL 2024 EXPO WORKSHOP SCHEDULE-AT-A-GLANCE

	Workshop Room: CRIST EXECUTIVE BOARD RM	Workshop Room: MARYLAND CLUB	Workshop Room: CHANEY LIBRARY	Workshop Room: OUTDOOR TENT	Workshop Room: AAI CONFERENCE RM
TIME	CAPACITY (85-100)	CAPACITY (50)	CAPACITY (40)	CAPACITY (30-40)	CAPACITY (30)
10:30 AM	Spirit Speaks on Current Events Rev. Jim Webb	Explore Your Chakras Jennifer Merritts	Experience the Light Bruce McBarrette	Functional Weight Loss Dr. Girish Kavia	Understanding Hypothyroidism: Do I Have It? Stuart Shep Salzman
11:30 AM	I Am An Empath ... What Do I Need To Thrive? Eileen Strange	Three Basic Self-Hypnosis Exercises: The Zone, Power Self, and Being Donald Peles, PhD, Certified Hypnotherapist	Meditation With Light and Auras Mara Berman	Archangels 101 Cheryl Anne Garzer	Live in the Present! Ayodeji Badaki
1:00 PM	Cleaning Your Perpetual Stories Through the Akashic Records Bill Sarda	Meditate, Journal & Share: Intuition Development Emily Jennings	Hidden Powers of Ayurvedic Herbs Amia Jain	Writing Your Way Through Autumn Lindsey Van Wagner	Modern Meditation Technique Dr. Tom Valone
2:00 PM	Reading Past Lives Lora Burnn	Cosmic Balance: Discovering the Eternal Masculine and Feminine Within Carmen Frontet	De-Shamify: Unraveling Sex Myths & Embracing Sexual Authenticity Aisa Willard	Know Your Chakras and Change Your Life Rishi Hans	How KAP Impacts Mind, Body, Spirit in One's Healing Journey Dr. Lauren Fisher & Dr. Eleni Boosalis
3:00 PM	Psychic and Medium Reading Demonstration Sun-Psychic Jean	Living Through the Biggest Change in Human History: Preparing for the Next Three Years John L. Petersen, Futurist	Past Lives, Dreams, and Soul Travel Maurice Bell and Jacobs Ladele	In the Service of Divine Evolution Rev. Ingrid Jolly-Trayvors	Vastu for Prosperity and Peace Padmaja Mummameni
4:00 PM	Everyday Spirituality: Intuition or Coincidence? Spiritual Medium Rhonda Rhodes	You Have Your Answers Within to Unfold and Live Your Life Purpose Abundantly Mara Spencer	Get Out of Your Own Way Shannon N. Smith	Sacred Death — Death Cafe Format Herald Vora	Creating Pure Far Infrared Light Patricia Scott
5:00 PM	Living Unmasked Nicole Batsile	Manifesting With Your Angels and Trusting Your Vibes Susan Lynne	Unleashing Your Inner Navigator: A Journey Into Cultivating Intuition Jennifer Rose	Cannabis 101: Educate & Alleviate Princess Mirabal	Wellness Without Drugs Kimberly Herke

PATHWAYS FALL 2024 EXPO WORKSHOPS

Exploration • Enlightenment • Education • Engagement

Pathways Expo Workshops bring mind-body-spirit-eco topics to life! Our speakers represent some of the best and brightest in their fields. This schedule is subject to change. The number listed at the end of each description indicates the speaker's associated booth number.

10:30 AM



Spirit Speaks on Current Events **Rev. Jim Webb**

Room: Crist Executive Board Rm

Current events, such as the election and the situation in the Middle East, have spiritual meaning. Spirit Speaks on these matters, giving us perspective and hope. This special session will be channeled by Rev. Jim Webb, one of our most popular presenters. The guidance we receive from the Masters at this pivotal moment can help everyone to navigate these challenging times. | #3



Explore Your Chakras **Jennifer Merritts**

Room: Maryland Club

Chakras are an important part of your entire being. What if you didn't know you had a heart or lungs, and how important it is to keep them healthy? Chakras are equally important. They're the bridge between your emotional body and physical body. How much do you know about yours? | #45



Experience the Light! **Bruce McBarnette** **Chaney Library**

Practitioners from Sukyo Mahikari will discuss how the "light" energy works and provide free 10 minute sessions for the participants. Many find the light to be rejuvenating for the soul, mind, and body. | #60



Functional Weight Loss **Dr. Girish Kalva**

Room: Outdoor Tent

Weight loss with Ozempic/Mounjaro without addressing the root cause will lead to people gaining it all back once they stop the injections. Learn how a complete health evaluation followed by gut cleanse with a diet change, addressing thyroid and hormone health as well as improving sleep hygiene and avoiding stress supports sustainable weight loss. | #32



Understanding Hypothyroidism: Do I Have It? **Stuart Saltzman**

Room: AAI Conference Rm

Hypothyroidism - do you have it? We'll discuss how to diagnose and properly treat hypothyroidism. | #38

11:30 AM



I Am An Empath ... What Do I Need To Thrive? **Eileen Strange**

Room: Crist Executive Board Rm

Inviting and encouraging Empaths, Highly Sensitive People and those that raise them, teach them, work with them, are married to them and are friends with them. This can be a struggling world for Empaths to live in. Would you like to understand us? Show up, please! | #52



Three Basic Self-Hypnosis Exercises: The Zone, Power Self, and Being **Donald Pelles, PhD,**

Certified Hypnotherapist
Room: Maryland Club

I will introduce THE ZONE, POWER SELF, and BEING, short but powerful self-hypnosis/meditation exercises. Participants who wish will get to experience hypnotic trance for themselves. | #77

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Meditation With Light and Auras

Mara Berman

Room: Chaney Library

Meet your angels and spiritual guides in an experiential meditation. Learn aura cleansing and chakra clearing. Experience the comfort of nourishing white light and twelve dimensional rings infused with light splashing down on your aura. Feel comfortable in your own energy. | #59

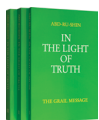


Archangels 101

Cheryl Anne Ganzer

Room: Outdoor Tent

I will discuss how to connect with The Angelic Realm — Signs, Synchronized Numbers, and a brief description of each Archangel along with Halo color. This motivating, high vibrational lecture will also cover Affirmations, and the importance of gratitude and the power of our words to keep vibes high. | #30



Live in the Present!

Ayodeji Badaki

Room: AAI Conference Rm

Given worldwide news, we are losing our ability to be shocked or horrified. How should we live through these experiences? Based on learnings from The Grail Message, the speaker will share insights on this pivotal question of our time. | #14

1:00 PM



Clearing Your Perpetual Stories Through the Akashic Records

Bill Sanda

Room: CRM Executive Board Rm

Akashic Records are the vibrational intelligence of every soul and its journey. You can clear your perpetual stories; heal long-standing challenges; and empower future choices! Unresolved experiences of your past lives can help you connect with your eternal Divine Self. | #43



Meditate, Journal & Share: Intuition Development

Emily Jennings

Room: Maryland Club

Open a channel for clear intuitive downloads and learn to tell the difference between messages from your inner voice vs. the ego-mind. This workshop includes light instruction, meditation, journaling, and sharing! When we meditate together and then share our soul messages, the energy is powerful for transformation. | #85



Hidden Powers of Ayurvedic Herbs

Amita Jain

Room: Chaney Library

Ayurveda is an ancient holistic healing system that has been practiced in India for thousands of years. Herbs are an integral part of Ayurvedic protocol. These natural, potent, plant-based products promote health including mental clarity, radiant skin, lustrous hair, weight management, healthy liver and much more. Join Amita Jain, Doctor of Ayurveda and Vedic Health founder, to learn about some of the best herbs, their benefits, and how to safely incorporate them into your daily routine to support your health goals. | #5-6



Writing Your Way Through Autumn

Lindsey Van Wagner

Room: Outdoor Tent

Embrace the beauty and energy of the Fall season with this interactive session designed to inspire reflection on the transformative themes of Fall. Enjoy this opportunity to connect with your inner self and the natural world around you. Explore personal growth, gratitude, and the process of letting go. | #33

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Modern Meditation Technique **Dr. Tom Valone** **Room: AAI Conference Rm**

In this one-hour training, learn how to meditate easily and quickly with a simple 3-step technique. Preserving the essence of an ancient practice, Modern Meditation is being offered free of charge. Studies show daily meditation provides stress reduction, brain longevity, increased youthfulness, a peaceful state of mind and amazingly, a “reversal of the usual cortical thinning that occurs with age.” | #29



De-Shamify: Unraveling Sex Myths & Embracing Sexual Authenticity **Alisa Millard** **Room: Chaney Library**

Join me for a transformative workshop where we debunk myths, explore desires, and celebrate sexual diversity. Discover your authentic self in a safe, inclusive space. Open to all genders and orientations. | #21



Know Your Chakras and Change Your Life **Rishi Hans** **Room: Outdoor Tent**

You get controlled by your destiny when your Chakras are blocked because of limiting beliefs, fears, false notions, emotional blocks, generational patterns, negative thoughts and mind set imposed in your journey of life. Rishi Hans guides you to harness the power of your Chakras and start controlling your own destiny. | #23

2:00 PM



Reading Past Lives **Liora Brunn** **Room: Crist Executive Board Rm**

You can perceive past lives for yourself and for others. Attune to the Akashic Records and experience the seamlessness of accessing eternal information that really can make a difference in life today. | #58



How KAP Impacts Mind, Body, Spirit in One's Healing Journey **Drs. Lauren Fisher & Eleni Boosalis** **Room: AAI Conference Rm**

Learn about Ketamine Assisted Psychotherapy (KAP) from Psychedelic-Trained Psychotherapists. Discuss what the risks and benefits are and who is a good candidate. Learn about the KAP process and how Ketamine supports a holistic approach to addressing mind, body, and spirit. Presentation will conclude with an audience Q&A. | #50



Cosmic Balance: Discovering the Eternal Masculine and Feminine Within **Carmen Froment** **Room: Maryland Club**

In this theme of “Cosmic Balance: discovering the eternal masculine and feminine within”, we will review how these two principles exist everywhere in the universe and within us. The question is about keeping them in balance to ensure a harmonious relationship with ourselves, our partners and others. | #41



Psychic and Medium Reading Demonstration **SunPsychic Jean** **Room: Crist Executive Board Rm**

SunPsychic Jean will demonstrate psychic and medium readings along with answering

3:00 PM



questions about her process and answering questions about your mysterious spiritual experience too. | #13



Living Through the Biggest Change in Human History: Preparing for the Next Three Years

John L. Petersen, Futurist
Room: Maryland Club

Internationally known futurist, John L. Petersen, illuminates the unprecedented events and trends driving the biggest change in human history. What's happening, where it's going, and what you can do to be prepared for this extraordinary change. | #44



Past Lives, Dreams, and Soul Travel
Maurice Bell and Jacobs Ladele

Room: Chaney Library
Discover your past lives and how they affect your life today. Learn to recall memories of past lives. Unlock the hidden meaning of your dreams. Soul — your true self — never sleeps. Soul Travel, a close cousin to dreaming, is a natural ability. Soul Travel is simply a shift in consciousness. | #65



In the Service of Divine Evolution
Rev. Ingrid Jolly-Trayfors
Room: Outdoor Tent

Let's take a journey on "Creations Wheel of Living Light" and meet a mighty celestial team of "One Heart, One Earth & One Light" where divinely inspired creativity is a powerful reality in the unity of serving Divine evolution. Reserve your space in the Spiritual World Hierarchy. | #74



Vastu for Prosperity and Peace
Padmaja Mummaneni
Room: AAI Conference Rm

VASTU is the original wisdom of sustainable design and architecture. A supportive science of Ayurveda and Yoga,



ancestor of Feng-Shui. Workshop discusses various aspects of Vastu impacting health and happiness, remedial measures within one's living space at home or office. | #88

4:00 PM

Everyday Spirituality: Intuition or Coincidence?
Spiritual Medium Rhonda

Room: Crist Executive Board Rm

Join Spiritual Medium Rhonda and learn how to connect with Spirit! Connecting with Spirit is not an elusive thing. Discover ways we can connect to Spirit on a daily basis. Hear about Rhonda's own Spiritual journey; learn how the steps she took, and how learned discernment can resonate with others' own experiences. | #56



You Have Your Answers Within to Unfold and Live Your Life Purpose Abundantly

Mara Spencer
Room: Maryland Club

Discover the secret of your life purpose and if you are on track to accomplish it. Through techniques, experience the power of your spiritual energy and your four psychic abilities to create more joy, abundance and fulfillment. | #49



Get Out of Your Own Way
Shannon N. Smith
Room: Chaney Library

An interactive discussion on 3 common mistakes that stop your goals in their tracks and keep you from getting what you really want. | #25



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Sacred Death — Death Cafe Format **Hemali Vora**

Room: Outdoor Tent
Come join and talk about death, loss, and grief. Learn about the role of the Death Doula. Learn about burial options and living funerals. Why having your affairs and all paperwork in order is so important. | #12



Creating Pure Far Infrared Light **Patricia Scott**

Room: AAI Conference Rm
Patricia Scott will explain the power and dynamics of the relaxed sauna's far infrared energy, how it works, and how to use it, as well as review the supporting research. | #54



Unleashing Your Inner Navigator: A Journey Into Cultivating Intuition **Jennifer Rose**

Room: Chaney Library
Unlock the power of intuition in this transformative 50-minute workshop. Explore practical exercises, guided meditations, and insightful discussions to tap into your inner wisdom. Cultivate a heightened sense of intuition for confident decision-making and enriched life experiences. | #17



Cannabis 101: Educate & Alleviate **Princess Mirabal**

Room: Outdoor Tent
Cannabis Karma & Lifeluxee present our Cannabis 101 workshop. It's a wonderful opportunity to learn about Cannabis therapy and CBD as an alternative medicine. Learn about your Endocannabinoid system and ask questions. We promote plant-based healing ideas. | #1

5:00 PM



Living Unmasked **Nicole Batiste**

Room: Crist Executive Board Rm
Step into the magic world of self-discovery in "Living Unmasked." Together, we'll explore powerful questions to reveal the hidden beliefs that keep many individuals from being their true selves. It's time to embrace your authentic design. It's time to remove the mask! | #57



Wellness Without Drugs **Kimberly Hartke**

Room: AAI Conference Rm
More people than ever before are choosing more holistic approaches to wellness. Kimberly Hartke spent over a decade immersed in the local food movement, promoting the 'food as medicine' concept. Now, Kimberly endorses another simple and effective approach to creating radiant health: light therapy patches. Kimberly will explain the science. | #8



Manifesting With Your Angels and Trusting Your Vibes **Susan Lynn**

Room: Maryland Club
This informative workshop will show you how to manifest, contact and communicate with your Angels. You will learn to trust your vibes and listen for the messages that are being sent to you. Discover the best ways to communicate with your Angels. Guided meditations will be included. | #4



**SIGN LANGUAGE
INTERPRETATION**

**ASL interpreters available upon
request at main registration**

PATHWAYS FALL 2024 EXPO EXHIBITORS

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Expo exhibitors offer an amazing variety of mind-body-spirit-eco products and services! Please support the following participating businesses. **Note: the [*asterisk] at the end of the booth name indicates there is an associated Speaker Workshop. See the Workshop Schedule for details.**

A Pivotal Shift | #20

Empowering individuals to find inner peace, achieve personal growth, embrace responsibility for their actions, and cultivate a positive mindset. I am dedicated to guiding my clients towards a fulfilling life of purpose and success. www.apivotalshift.com

African Earthin'Wear and ASEA Cell Signaling Solution | #36

Providing simple leather-based shoes to promote grounding in the outside environment, and various herbs and herbal products from the motherland. Also introducing ASEA Cell Signaling Solution to our table lineup. ASEA is a revolutionary product immersing the wellness environment in "waves of healing waters!"

Ahara Mushrooms | #39

Ahara Mushrooms is a USDA Organic grower and processor of Lion's Mane and Reishi mushrooms based in Rockville, Maryland. Founder Ajay Malghan experienced the profound healing power of mushrooms to heal from chemotherapy and set out to share them with the world. We sell capsules, powders, extracts, mushroom/coffee scrub. aharamushrooms.com

Angelic Wisdom 111* | #30

Cheryl Ganzer is a USUI Reiki master — and Divine Angelic Messenger — delivering powerful messages of love and light from The Archangels. In your 30-min. session you will learn how to cut cords with Archangel Michael and connect with the Archangels and Angels, and you will receive Divine messages on health, love, family, career, etc. A special gift from the Archangels... A mini Reiki attunement and gift Michael good luck medal. www.Angelicwisdom111.com

Antara Flow* | #57

Creating inner flow through energy clearing, brain health, stress/anxiety management, herbs, and more. Several services and products offered on site; stop by to see what you can get into. www.antaraflow.io

Autumn Road Music | #19

Watercolors on handmade paper; The Spirit of the Animals. Dream Catchers, notecards and beaded snowflakes. www.autumnroadmusic.com

Avillion of Universal Insight* | #74

Avillion Aura Photography with Ultra Imaging. We provide: Polaroid Photo of heart Chakra, Chakra Report with 2 printed Full Body Pictures, Comprehensive Aura Care package, Interpretation & Spiritual Reading upon request. Avillion.org

Bambootopia - Bamboo Products | #34

Bambootopia is known for their handcrafted bamboo walking sticks. We carry bamboo products from skincare, footcare, bamboo tea along with health and wellness bamboo items. www.bambootopia.net

Bennu Travel | #18

Offering transformative adventurous travel experiences! www.bennutrail.com

Berooj Gems, Crystals & Jewelry | #48

Lapis, calcites, rubies, and several stones from Afghanistan and Pakistan. www.berooj.com

Black Star Jewelry | #46

Unique Sterling Silver jewelry with gemstones - from the Himalayas. One-of-a-kind bracelets, earrings, pendants and rings. Hand block printed and silk jackets - recycled cotton jackets, silk scarves and hand stitched bags. www.blackstarjewelry.com

BN Wholistic Wellness + With These Hands | #16

Thai Touch and Wholistic Wellness products. Be immersed in Reiki, Thai bodywork & stretch, and/or sound bath. All — Thai, Reiki, Sound Vibration — help to release stress and muscle tension to bring balance and harmony to the entire being spirit, mind, body (energetic — chakras & aura), and (physical). We also have sea moss, raw food bowls, natural deodorant, and some crystal products.

BrandArtYoga (BAY) | #71

Authentic handmade products and unique decoration to promote your creativity, spirituality and meditation. Holistic events, awakening workshops, psychic mediumship and intuitive readers, meditation, Yoga, Reiki healing, ionic foot detox services, and much more! Check out our calendar of events! www.brandartyoga.com

Cannabis Karma* | #1

Cannabis Karma's mission is to provide good vibes events to the community in a relaxed chilled environment while normalizing the adult use of cannabis. We offer safe full service access to adults 21+. We provide Consulting and Cannabis event planning. www.cannabiskarma.org

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Coffee Karma Cafe | #72

We sell organic reishi mushroom coffee, tea and hot cocoa. www.homecafesubscription.com

College Park Psychic | #15

Offering psychic palm and Tarot card readings, as well as specializing in chakra healing and balancing works with a bio magnetic amethyst crystal healing energy mat.

Daring To Dream Now | #62-63

Crystals, Gemstones & Gifts. Beautiful crystals in various forms. We have crystal specimens, raw stones, tumblers, spheres, points & towers. We also have a variety of carvings such as skulls, dragon heads, hearts, moons, stars and many more. www.daringtodreamnow.com

Del Ray Psych & Wellness* | #50

The Del Ray Psych booth will have information regarding our practice and our services (Reiki, KAP, hypnosis, and psychotherapy). Additionally, we will be offering 15-minute Reiki sessions throughout the day. We will also have some items for sale including hand-woven wool meditation rocks, bows, and jewelry. www.delraypsych.com

Destination Tarot | #79

Destination Tarot offers intuitive readings to guide your life journey. The cards reveal current situations and opportunities, while the spiritual connection with our collective guides provide intuitive insights. Our aim is to ensure you leave with clarity and a warm heart, feeling heard and appreciated as you face life's challenges. fb.com/destinationtarot

Eckankar, Maryland Satsang Society* | #65

The Path of Spiritual Freedom. Eckankar is an active, individual, creative spiritual practice. Simple spiritual exercises, such as singing the word "HU" can awaken you to your divinity as Soul. You are Soul, an eternal, creative being. Come along and discover the most secret part of yourself. The key to spiritual freedom lies within you. www.eckankarmaryland.org

Emily Wellness and Oneness* | #85

Tarot, Meditation, and Beyond. Get a Tarot reading with Emily, learn about her meditation and Ayurveda classes, or buy her books about spiritual humor, twin flames, and meditation. To learn more and explore her extensive spiritual articles, visit her website. www.wellnessoneness.com

Exalt Pro Wellness | #66

Ear candling, an ancient practice with roots in various cultures, promotes relaxation, relieves

sinus pressure, and enhances overall well-being. Discover the natural approach to ear care that nurtures your ears and senses. Stop by to learn more. www.Exaltprowellness.com

Falun Dafa Association of DC* | #27

We display video clips of Shen Yun shows in the Kennedy Center, and have info and tickets available for those interested. www.shenyun.com/dc

Frequense! Frequency Meets Nutrition! | #69

Is your brain a little tired or slow? That's where Nootropics come in! They are special "brain vitamins" helping your brain work better — safe substances, often found in plants, to boost your brain's energy, clarity, creativity, and memory power. Stop by to try samples of RISE, a powerful Nootropic! Additional products include: SOURCE Trace Minerals; SYNC collagen; GABA and magnesium for restful sleep; BALANCE drops; CBD/CBG RELIEVE cream 2000mg; CBD/CBG, FACE moisturizing cream. Product info sheets and nutrition ingredients are available. All products are boosted with 11 harmonic frequencies.

Galactic Gifts LLC, The Soul's Blueprint - Astrology Readings | #11

Jacqueline Marie Bates is an esoteric and evolutionary astrologer who is passionate about helping people expand their awareness and gain clarity on their Soul's mission in this lifetime. Additionally, she specializes in using the technology of astrology in her transformational life coaching. www.jacquelinemariabates.com

Good Luck - Chakra Yoga* | #23

After proudly serving for 18 years, Good Luck store closed in Montgomery Mall, but we are more vibrant than ever and offering our products and services through our website. Aura Chakra image reading and Chakra healing sessions are greatly liked and sought after. www.goodluckstoreonline.com

Grail Foundation Press* | #14

Grail Foundation Press strives to generate widespread availability of *In the Light of Truth – The Grail Message* by Abd-ru-shin, a book which reveals the hidden connections of our existence and offers valuable guidance for the journey through life. www.grailmessage.com

Hartke Health* | #8

LifeWave Independent Brand Partner. LifeWave Light Therapy Patches. LifeWave is a global health technology company founded by American Scientist David Schmidt. Our revolutionary wellness patches use the stimulus of light from our own

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body to create positive health changes. Whether you desire pain relief, deeper sleep, more energy or more beautiful skin we can help!
Lifewave.com/kimberlyhartke

Haven 101 Wellness Studio* | #33

Discover your sanctuary for holistic well-being at Haven 101 — a home for wellness, community, and elevation of the mind, body, and spirit. Visit our booth to meet our friendly practitioners and learn about our offerings to begin your journey to a balanced life today. www.haven101.com

Healing through your Akashic Records* | #43

Akashic Records are the vibrational intelligence of every soul and its journey. Through the Records, you can resolve recurring patterns and issues; heal long-standing challenges; and empower future growth and choices! The experiences of your past lives can help you connect with your eternal Divine Self. www.myakashichealing.com

Hypnosis Silver Spring* | #77

Meet Hypnotherapist Donald Pelles, Ph.D., to discuss hypnosis and hypnotherapy; and if you like, have your own hypnosis experience. Attend his workshop for a more in-depth discussion. www.hypnosisilverspring.com

Indigo Moon | #61

A local business for over 25 years, Indigo Moon sells unique wares from the exotic lands of India, Thailand and Nepal. You can shop their clothes, tapestries and jewelry at local festivals and markets. Instagram: @tapestryluv

Integrative Medicine of Northern Virginia* | #38

Functional Medicine, Integrative Medicine, Primary Care using Western and Chinese Medicine, Homeopathy, and Nutrition to treat and prevent acute and chronic disease. www.imednova.com

Integrity Research Institute* | #29

Featuring new energy books, reports, DVDs and unique electrotherapy devices, including the PREMIER Jr., EM Pulser, and the OsteoPad, with high voltage electrical or magnetic pulsations that can be applied directly to the body. www.BioenergyDevice.org

International Society for Spiritual Sciences (I.S.S.S.)* | #88

I.S.S.S. founder Swami Manjulanand Ji (Dr. Manjul Kant Dwivedi), is a Spiritual Guru, world-renowned for 'Vastu Shastra' and Vibrational Meditation (A Shaktipat for Kundalini Awakening); provides Vastu, Vibrational meditation and Holistic Therapy services to all. Manjulanand.org

Intimacy Illumination Coaching* | #21

Visit Intimacy Illumination for free 15-minute consultations, expert advice on relationships and sexuality and a chance to win coaching sessions. Your journey to deeper connections starts here. www.intimacyillumination.com

Jennifer Rose Medium, LLC* | #17

Go beyond the veil with Jennifer Rose Medium! Join her for extraordinary and profound connections and psychic insights. Elevate your spirit with a personalized mediumship experience. www.facebook.com/jenniferrosemmedium

Jewel Sanitary Napkins LLC | #40

Reign Premium Sanitary is a plant-based napkin. Our mission is to educate women and young adult women about the chemicals in our napkins. Ladyj.jewelpads.com

Lemuria Inc. | #22

Explore a range of Moringa products designed for your health and wellness. From nutrient-packed Moringa food items and supplements to luxurious Moringa skincare soaps and Natural herbal pads. Transform your health naturally with Moringa! www.thelemuria.com

Lifewave | #42

Feel young, energetic and full of energy again with X39®. This breakthrough technology triggers production of the human peptide (GHK-Cu) that helps you feel young, energized, and ready to take on the day. The research is clear: LifeWave® energy products relieve pain, reduce inflammation, promote healing, and boost the body's natural production of vital energy. LifeWave® offers a wide range of Lifewave® products that work together to support optimal health. Elevate, activate, and rejuvenate the body's own cell production NATURALLY to stay young from the INSIDE OUT! www.RegenLifePatch.com

Living Wellness Chiropractic | #24

We will be providing free 5 -10 minute chair massages to attendants. Free spinal evaluation with free x-rays and a report of findings to anyone that stops at our booth. www.columbia-chiropractic.com

Mara Berman Psychic Readings* | #59

Mara's Psychic information is derived from, Aura colors, light sources using twelve dimensional rings, starseed energy, and the energy flow of the vortex. Readings involve Tarot cards, palmistry, and psychology to decipher complex questions. www.maraberman.net

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Mindful Body With Soul* | #45

You're Not Your Car: A Guide To Understanding Who You Are Beyond Your Physical Body
Just starting your Spiritual path? Want to dive deeper into understanding Spirituality? Learn about: Chakras, Universal Energy, Angels, Guides, Soul Goals, Vibrational Frequency. Beautifully explained through easy, entertaining analogies. Create peace and ease in your life.
www.mindfulbodywithsoul.com

Molasses Sunshine Studio Designs | #86

Molasses Sunshine Studio Designs creates timeless jewelry and t-shirt designs inspired by African culture and spirituality.
www.molassesunshinestudiodesigns.com

My Tibet Shop | #73

Tibetan crafts and meditation supplies including Tibetan Singing bowls, incense, Mala Beads, statues and much more. We have been in business since 2006, helping Artisans of Nepal in a fair trade manner. www.mytibetshop.com

National Integrated Health Associates (NIHA)* | #32

Integrative and Functional Medicine and Holistic Dentistry all in one convenient location. Meet Dr. Kalva, Functional Medicine Physician, & get your health questions answered! www.Nihadc.com

Nature Gems | #80-81

We sell 925 Sterling Silver jewelry with Precious and Semi-Precious Gemstones. Nature Gems provides gemstone jewelry to help heal your body and mind naturally. Each stone has its own significance and healing power. For example, wearing the January birthstone, Garnet, will represent faith and enduring. It will increase willpower and energy while calming the mind. The soothing blue Larimar gemstone will help harmonize the body and soul. Stop by our booth to learn more about the various gemstones and how they can benefit your life.

New Spiritual Horizons* | #49

Reawaken your psychic abilities, unfold your life's purpose, and communicate with your team of spiritual helpers/angels. This is Practical Spirituality with the focus on helping you find your own answers and trusting your inner guidance. www.NewSpiritualHorizons.com

Oil Of Ru | #2

Oil Of Ru is Self care and Self love bundled lovingly in organic beauty and wellbeing products with some of nature's most capable treatments and therapies. Enjoy the essence of hope, pureness of heart and intuition with Oil Of Ru. Love your skin, your body, your life. www.oilofru.com

Oliviatsu Energy Massage | #31

Oliviatsu Energy Massage is a one-of-a-kind service that blends 5 energy therapies (shiatsu, Swedish, reflexology, Thai Yoga, and Reiki) into one to relieve a host of conditions. Each session is tailored to the needs of the client and results are immediate. Get energized. Stay dressed.
www.oliviatsuenergymassage.com

OM Botanical Organic Skincare | #55

Looking for the safest and most effective plant-based skincare? OM Botanical products are made using all-natural bio-active organic ingredients. All their formulas are clean, microbiome friendly, vegan, and cruelty-free with focus on sustainability. Made in the USA, packaged in carbon-neutral sugarcane tubes, they also plant one tree for every product sold. www.ombotanical.com

Om Divine Healing | #7

Multidisciplinary Practitioner for 14 years: Reiki, Angel Card Reading, Guided Meditation, Hypno-Therapist, Access Bars, Forensic Healing, Past life Regression (as well as present life practitioner), Ho' Oponopono, Akashic Records, Life Coach (Spirituality, Holistic, Relationship). Omdivinehealing.com

Pathways Productions & the Pathways Retreat Center | #76

Magazine. Events. Retreats. Marketing. Stop by for: information about advertising & marketing options through our quarterly publication and events; to learn more about upcoming Pathways Retreats and how to host your own retreat at our beautiful mountain house; to find out how you can submit articles for future issues; and to pick up your complimentary EXPO TOTE BAG (*limited quantity, while supplies last). www.pathwaysmagazineonline.com

pHreshWellness | #26

The pHreshWellness booth is an experiential booth with products and a demonstration of our flagship product, the 30-Day Switch Kit to natural (aluminum-free) deodorant. We will also sell body oils and pHresh room/sleep spray. pH balance tests and demonstrations of the The 30-Day Switch Kit. www.phreshwellness.com

Praises Enterprises | #9

Makers of herbal personal body care products, as well as herbal tonics, supplements, seasonings and prepackaged live, vegan and vegetarian foods. www.praisesenterprises.com
Thequintessencehealthandwellness.com

Professional Holistic Reflexologist | #78

Brigitte Wiss, Clairvoyant & Gifted Certified Holistic Reflexologist since 2000, will rejuvenate you

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physically, emotionally & spiritually through her unique practice. She will customize your session to your needs. Not a foot massage! Not your typical Reflexology! Best for STRESS and more!
www.reflexologyandbeyond.com

Psychic Readings by Karmen | #84

Psychic readings for mind, body and spirit. Guidance on all matters of the heart concerning love, career and health. Card reading, palm reading, psychic reading and dreams.
www.tiffanypsychicvisions.com

Purple Sky Holistics | #82

I am an Oracle and Tarot reader using my gifts as a Clairsentient intuitive. I am also a Reiki healer, Holistic Health Practitioner, and certified herbalist.

Quantum Intuitive Energy Healing* | #12

Reiki, quantum paradigm shift, intuitive guidance, channeling, Akashic Records reading, end of life energy healing. www.hemalivora.com

Relax Saunas* | #54

Relax Saunas are portable, affordable, personal-use saunas that help to remove toxins, reduce body fat, boost metabolism, and slow down aging while providing deep relaxation.
www.relaxsaunas.com

Remnants of Magic | #67

Remnants of Magic creates the highest quality in handcrafted one-of-a-kind wire wrapped jewelry in sterling silver and 14k gold filled wire, Power bead bracelets, Crystal wands and much more. Power bead bracelets can help attain love, money, health and more. Every item sold through Remnants of Magic is chosen for its beauty and metaphysical properties thus ensuring you get a piece as magical as the person who wears it.
www.remnantsofmagic.com

Rhonda Rhodes, Intuitive Arts Medium* | #56

Evidential Spiritual Psychic Medium & Spirit-guided artist Rhonda blends art, music, and Mediumship. Connecting with your team and hers, Rhonda channels only the highest vibrations for the greatest good of the sitter. Because of her LOVE for music, many call her "the music Medium". www.spiritualmediumrhonda.com

Sacred Earth, Natassa Vanchanii | #28

A handcrafted and curated collection of crystal jewelry that embodies the spirit and love of Sacred Earth and connects crystals with their rightful owners.
<https://instagram.com/sacredearth>

Salvaged Suncatchers | #35

Suncatchers made from salvaged and thrifted crystals, beads, and jewelry.

Sandra Chaloux - Spiritual Art - Art That Elevates | #10

Universal and contemporary spiritual art - acrylic paintings on canvas and handmade jewelry (wearable art) - Divinely inspired. Chakra balancing. Channeled Art. Raise your vibration and the vibration of your sacred space with a painting and bring our divinely inspired wearable art with you wherever you go. www.sandrachaloux.com

SNS Wellness* | #25

Energy healing, intuitive coaching and reflexology to help you improve the flow and ease in your life.
www.shannonnsmith.com

Sole Healing, LLC | #75

We specialize in Corporate Wellness Programs where we bring our relaxation services to *your* business & Trade Shows to be at your exhibitor booth to draw in the crowd & increase your "facetime" with prospects! Stop by to sample a reflexology and/or massage session by one of our on-hand practitioners.
www.solehealingglobal.com

Souls Talisman Crystals | #64

Souls Talisman Crystals include high quality gemstones in each hanging crystal, Mala Necklace, Gem Elixir, and Crystal grid. We also have a wide variety of loose stones available. Each beautifully balanced talisman is created with Intuition and deep soul listening.
www.soulstalismancrystals.com

Sukyo Mahikari* | #60

Sukyo Mahikari provides free 10-minute energy sessions. Many find the energy to be relaxing and rejuvenating for the soul, mind, and body. Some achieve better clarity and sense of purpose in their lives.

SunPsychic Jean* | #13

A Psychic Medium who facilitates connection with your loved ones and pets who have transitioned, with your Spirit Guides, Angels and other High Vibrational Beings to assist with your personal and spiritual growth.
www.sunpsychicjean.com

Susan Lynne's Mediumlink* | #4

Susan Lynne is a gifted psychic & medium with over 30 years of experience. She uses all the clairs, angels, astrology, Tarot, numerology, spirit guides, and dream interpretation. Available for readings, consultations. CDs and other gift items for sale. www.mediumlink.com

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Takoma Metaphysical Chapel* | #3

The Takoma Metaphysical Chapel is an Interfaith Spiritual Community of love. We support your spiritual growth and development with classes, meditation and prayer calls, workshops and an uplifting, powerful Sunday celebration service. www.takomachapel.org

Tangé Wellness | #37

Experience the power of human connection through bi-directional therapeutic touch. Learn how platonic touch, partner Yoga, and polyvagal co-regulation can alleviate loneliness, stress, and anxiety. Our sessions offer a safe, nurturing environment, guided by trained professionals committed to your emotional well-being. www.tangewellness.com

The Aquarian Team* | #41

The Aquarian Team is a team of writers who have published three books based on the Teachings of Master Omraam Mikhael Aivanhov. At our booth we will carry their books and a good selection from the books of Master Omraam.

The Modern Witch | #83

Wondering about the Akashic records, mediumship, crystals, Tarot or other metaphysical modalities? The Modern Witch Madison has used spirituality and metaphysical modalities to connect with the divine, her highest self, higher consciousness and more! Join Madison for a reading today or stop by with any questions you may have! www.MadisonDaniels.com

The Soul Shepherd* | #52

Psychic Readings at 15 and 30 minutes offered. Mediumship Readings at 30 minutes offered (picture of eyes of person passed is needed for Mediumship Reading... cell phone picture is OK). Spiritual Pottery and Stained Glass offered. www.TheSoulShepherd.com

Tibet Sky Emporium | #68

Hand crafted Tibetan Himalayan cultural items, whimsical hats. Handmade clothing.

Total U | #47

Copper Jewelry, Crystals, Gems and Minerals.

Transition Talks: Live Life-changing Speakers in Berkeley Springs, WV* | #44

TransitionTALKS is a monthly live speaker series in Berkeley Springs, WV, that features world renowned presenters. Gregg Braden, Bruce Lipton, Regina Meredith, Penny Kelly, David Martin, Freddy Silva have all come to Berkeley Springs. www.TransitionTalks.org

Vedic Health* | #5-6

Ayurveda and natural healing center. We use ancient principles of Ayurveda to help people balance their doshas and promote healing within them. www.vedichealth.org

VPS Stones Inc. | #70

VPS Stones was born out of a vision to heal with some of our planet's most precious natural elements. We are a small business involved in the world of gemstones, crystals, jewelry and essential oils to bring happiness and prosperity in life; we put a lot of time, energy, and love into everything we do. We believe in the Power of Healing through the energy from Crystals. The healing energy from crystals is used to clear blockages from negative energy and bring balance to mind, body and soul. www.vpsstones.com

Wonderful Wellness | #53

This is not a base level energy or Reiki session. I can clearly see inside your physical body and deep within you. I am consciously aware of what I am clearing and removing throughout the session. I will share in great detail what unfolded and what was cleared.

Zenve Life | #51

Zenve Life will offer Reiki and energy healing, alongside card and intuitive readings. We also sell gifts from India: handmade Indian god/goddess murtis (statues), malas, books, journals, home decor, handmade bracelets.

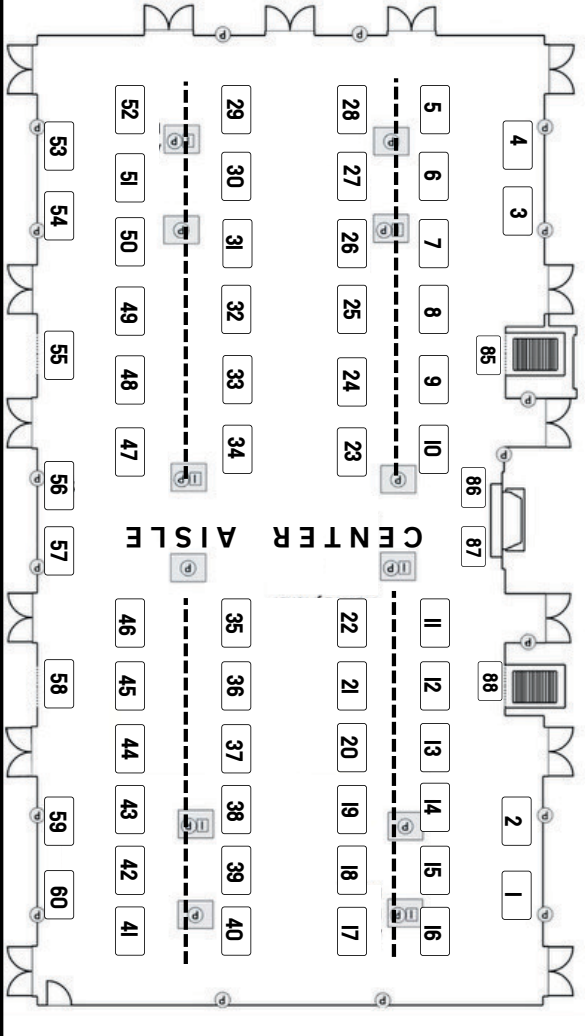
Zoetic Workshops* | #58

Zoetic Workshops help adults achieve creating the lives of their hearts' desire; and then they LIVE exactly those lives, bringing the spiritual into the practical. www.ZoeticWorkshops.com



Stop by the Pathways table for a FREE tote bag! (while supplies last)

Exhibit Hall*



(*Not to scale)

Main Entrance:

Event Registration Rotunda & Atrium

Hallway To Workshop Rooms:

- Crisis Executive Board Rm
- AAI Conference Rm
- Chaney Library

Pathways' Fall Natural Living Expo • Booth Map & Floor Plan*

Samuel Riggs IV Alumni Center, College Park, MD | Sunday, October 6, 10am - 6pm

SAVE THE DATES

Pathways Productions Presents...

2025 NATURAL LIVING EXPOS

SPRING 2025 — March 30

Hilton McLean-Tysons Corner, McLean, VA

SUMMER 2025 — June 8 (SUMMER SHOW!)

— and —

FALL 2025 — October TBD

Samuel Riggs IV Alumni Center, College Park, MD

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